2025

January

- meeting at the Nine, with volunteers, Makeba (import products in USA)
- challenges with cream

3 Jan: Call team, booting up office
8 Jan: Start of nursery
8 Jan: Nursery in ARC Endamarariek complete - 2000 seedlings
15 Jan: Eliza back to school
16 Jan: Nursery in Bassodawish complete - 1000 seedlings
16 Jan: Magesho eating vegetables at school
23 Jan: One base complete in Welwel Secondary
24 Jan: One water tank installed in Welwel Secondary
31 Jan: Birthday John Mahu (director KSDI)

February

- getting seedlings from Arusha for Qurus schools, with the help of Elisha and Lucida
- Elisha going to Qurus schools together with Lucida to determine Food Forest locations
- meeting colleague's aromatherapy: Makeba, Amy, Carolyn, Yvette
- Qurus schools working on Food Forest setting
- pictures of school kit workshops

10 Feb: Two bases complete in Banjika Secondary
11 Feb: Single base complete in Welwell Secondary
12 Feb: School kits ready to go to the Qurus schools
13 Feb: School kit - Edith Gvora Secondary,Gongali Primary
18 Feb: School kit - Gendaa Primary, Asilini Gongali Primary and Banjika Secondary
18 Feb: Elisha joins the team to get all the seedlings to the schools
19 Feb: Seedlings, seeds, water pipes and water can distribution - Welwel Secondary, Kinnihhe Primary, Menday Primary, Gendaa Primary, Qurus Primary.
20 Feb: Working on soap box design
24 Feb: Women's group training – Chaya - Endamarariek and Bassodawish
25 Feb: Two water tanks, tap and gutters installed in Banjika Secondary
28 Feb: Water tank, tap and gutters installed in Welwel Secondary
28 Feb: Second water tank and gutters installed in Edith Gvora Secondary

March

- writing reports grants communities in Belgium
- working on TA auditing
- looking for body oil bottles, and samples for pill packaging
- Qurus schools working on Food Forest setting
- pictures of school kit workshops
- lots of rain, moving around is difficult

3 March: meeting Luc Blyaert: new networks (B)
4 March: Distribution of plants to Qurus schools: Moringa, lemongrass, chaya and rosemary - Asilini Gongali Prim,Gendaa Prim, Kinnihhe Prim, Banjika Sec
7 March: Magesho Prim started its own Moringa nursery
8 March: International Women's Day
19 March: Seedlings distribution to Qurus schools: VETA Tech, Bashay Sec, Njia panda Prim and Karatu Secondary

Karen -> TZ: March 10 – March 23

- Team meeting
- Meeting new people: Andre Lankhaar, Rizza Michalelek

- Meeting NBC bank, Dr Heriel (didn't work out), dr Panga (didn't work out), Joyce James, Mary Anton (with baby), mama Happy, Mahu family. Frank Mollel
- Thu 13 & Tue 18: Work on processing in ARC
- Working together with Thomas More students: Yindi & Steven
- Visit demo fields. Plants new herbs (sage, chili pepper, turmeric), seeing Bernadetta and Zakaria
- Tue 11: Visit TARI
- Women Activities
  - Sat 15 Eliza in boarding school
  - Fri 14: Tourist Experience: visiting the Bassodawich Women's Group
  - Wed 12: Chaya training Mahhahaa (Upendo)
  - Sat 15: Women Tea Party in Karatu (Pressure points & Design your own perfume)
  - Thu 20: Women Celebration
- Qurus Schools (13 out of 18 schools)
  - Visit with Musa & Lucida
  - Wed 12: Banjika Sec, Well Wel Secl, Gongali Asilini Prim.
  - Mon 17: Qurus Sec, Qurus Prim, and Menday.
  - Tue 18: Edith Gvora Sec, Gendaa Prim, Magesho Prim
  - Wed 19: Njia Panda prim, Karatu Sec Boys (Form 5&6), Karatu Tech VETA, Bashay prim.
  - Fri 14: Teacher training Qurus (schools without water tank) at Wel Wel
- Thu 20: Ward DC meeting Endamarariek: meeting new chairmen of the villages

25 March: visit Ondernemers voor Ondernemers (B)
27 March: Elisha allergy attack
27 March: call Jolanda Sieders (website redesign)
27 March: school kit to Karatu Secondary and Welwel Secondary.
28 March: lunch meeting: The Masters in Oud-Heverlee (B)
28 March: last day Elisha in our team
28 March: seedling, seeds, water pipes and water can distribution: G.Lambo Primary, G. Lambo Sec, Gongali Prim, Simba Milima Prim
28 + 29 March: Frank & Zahora: working oil press
31 March: meeting Bart P website design (B)

April

- Easter break at schools: 11-22 April
- base construction for water tanks on going at Qurus Sec, Menday Prim, and G. Lambo Sec
- design work of sign boards projects in the Karatu District area
- working on soap packaging smaller soaps
- distribution of more seedlings to Qurus schools
- pictures of school teachers showing children eating vegetables
- pictures of school kit workshops
- setting up internship with Amia McHale

2 April: project 9 years old
4 April: new mascot ready to go with school kits
12 April: meeting Makeba L – cooperation Moringa oil in US (US)
14 April: Food forest - Lucida working with Gendaa Prim
15 April: NGO annual reports and annual fee payments
22 April: Earth day - tree planting with Petter Mmassy and co at FAME Hospital
23 April: Eliza back to school (with new shoes)
23 April: meeting women The Nine (B)
26 April: trial - tourist program with Thomas More students at Bassodawish
28 April: meeting Cindy H (Thomas More) new projects (B)
28 April: call Jolanda S website design

May

- working on reporting FF project: finances & content & impact assessment
- pictures from school teachers showing students working in the garden and eating their own vegetables
- meeting possible project partners: Seppe Deckers
- start weekly calls with intern to work together with Loveness (for 3 months)

1 May: Zahora making Moringa oil
12 May: website design in progress (B)
13 May: metal stands for sign boards for all school ready to be placed
13 May: school visits: Gongali Asilini Prim, VETA, Banjika Sec, Gongali Prim, G.Lambo Prim, G lambo Sec – pictures for project and follow up
13 May: Karen attending meeting Wereldraad (Oud-Heverlee) (B)
14 May: 3 water tank bases for Qurus Sec, Menday Prim, and G lambo Sec complete
15 May: 3 water tanks purchased for Qurus Sec, Menday Prim, and G lambo Sec
16 May: school exchange program – Belgium (6th year ST Joris Weert) and Qurus (same class)
18 May: project Sign boards: stickers ready and printed
24 May: women Tea Party in Karatu
30 May: design Impact assessment questioner

June

- schools close for mid year break – opening again on July 8
- impact assessment for Food Forest Project in Qurus: field visits, creating infographics, collecting pictures and data
- working on newsletter (Amia)
- working on 2-pagers and recipes for ginger & aloe vera (in english and swahili)
- meeting aromatherapists in NY
- fields looking good, seeds of Moringa ready for harvest

10 June: Eliza starts two weeks extra tuition – during school break
12 June: water tank to Qurus sec school
17 June: water tank to G Lambo sec school
24 June: last !!! water tank to Menday prim school

July

- schools starting again, Eliza back in school
- organizing teacher's training in 2 wards
- finalizing newsletter (Amia)
- working on 2-pagers and recipes for ginger & aloe vera (in english and swahili)
- organizing pictures on google drive
- video calls with possible contacts for cooperation: South Africa – Gina, Uganda – Adar
- reporting ready for Food Forest project – Vlaams Brabant

1 July: meeting KULeuven and Didas Kimarao (TZ) in B
1 July: field visit: pictures field & messages from Zakaria, Bernadetta, Eliza (in english)
11 & 14 July: (name) pictures schools G lambo prim & Kinnihhe prim and Simba Milima prim
22 July: participitation in exhibition of Karatu District about working with women groups, visit of General Secretary of Ministry of Community Development, women from Endamarariek, Mahhahaa and Bassodawich are representig us
23 July: volunteer Anna G in Leuven: work update and preparing products
23 July: signboards on roadside, ARC demo field, Basso demo field and Number one office
24 July: teachers training (headmasters and environmental teachers) Qurus zone 01 – 5 schools (Qurus sec, Qurus prim, Menday prim, Magesho prim, Simba Mlima prim) – use of food forest produce

24 July: birthday Karen Christiaens, cake eating during teachers training
28 July: Khusmay women group training – Chaya
28 July: call Frank Mollel – follow up partnership
29 July: last work call with inter Amia McHale (infographic food forest, infographic Moringa, collage schools, impact symbols (food forest & women's groups), newsletter, video captions, and more)
31 July: teachers training (headmasters and environmental teachers) Qurus zone 02 – 13 schools – use of food forest produce

August

- schools starting again, Eliza back in school
- working on 2-pagers and recipes for ginger & aloe vera (in english and swahili)
- meetings with other aromatherapists in NY

1 Aug: newsletter "Growing Together" mailed to >500 subscribers
4 Aug: teachers training (headmasters and environmental teachers) Endamarariek – 18 schools – intro to food forests
19 Aug: Endalah women group training - Chaya
20 Aug: Getamock women group training - Chaya
25 Aug: pruning Moringa trees with electric saw at ARC demo field in Endamarariek
29 Aug: start meeting of the Afya Action project with Thomas More nursing & media department, CPUT (SA) media, and VIKO (Lithouwen) media

September

- checking all recipes for consistency, together with volunteer Anna
- working on 2 pagers other crops, together with volunteer Anna
- preparing documents for Clement Kingo's trip to Belgium
- pruning Moringa trees in Endamarariek and Bassodawish

3 Sep: call possible volunteer (Lynn)
8 Sep: making video in Tanzania for Afya Action – project with Thomas More
11 Sep: women's group training – Gidbaso
14 Sep: school break over, Eliza returns to school
18 Sep: pruning Moringa trees Bassodawish
23 Sep: Afya Action project – online meeting with students & teachers
24 Sep: Clement passport ready
26 Sep: newborn of the Moringa family: Max Sage, son of Clement Kingo
29 Sep: visa application online complete

October

- finalizing English versions of seven 2 pagers and thirteen recipes, together with volunteer Anna
- preparing travel documents for Clement Kingo's trip to Belgium
- meeting aroma therapist colleagues (NY)

1 Oct: appointment in Dar Es Salam for Clement Belgium Visa
1 Oct: installing new processing place in Karatu town
9 Oct: meeting in school in Belgium to prepare upcoming school exchange and visit Clement Kingo (B)
9 Oct: call sponsor
13 Oct: Clement Visa to Belgium stamped and ready to be pickup up
17 Oct: Afya Action project questioners filled
22 Oct: fixing oil press at new processing place
22 Oct: newsletter with newsflash out
24 Oct – 9 Nov: Loveness two weeks break
29 Oct: elections for ward counselors and president in Tanzania

November

- preparing products to take to Belgium, making Moringa oil
- preparing stay Clement in Belgium, together with Cindy H (Thomas More)
- cleaning demo fields
- preparing Moringa nursery in ARC
- working on Swahili versions of 2pagers and recipes

5 Nov: connectivity back and booting up the office
9 Nov: pruned Moringa trees are having fresh new leaves

Clement in Belgium: Fri 14 Nov -> Mon 1 Dec

- Wed 19 Nov: visit primary school Sint Joris Weert (school exchange B/TZ)
- Sat 22 Nov: yearly event JSFoundation – 10 years anniversary
- Mon 24 Nov – Fri 28 Nov: Afya Action Marketing project with Thomas More (Belgium) and CPUT (South Africa) and ViKo (Lithuania)
- project meeting directors
- visiting donors, students and project partners
- visiting other projects
- visits of highlights of Belgium, Maastricht (The Netherlands)

December

- packaging products for events in Belgium
- finalizing documents for the end of the year, and new year plans
- working on Swahili versions of 2pagers (7 plants) and recipes (13 recipes)
- inventory of processing sites and office
- uploading all pictures

2 Dec: Clements arrival back in Tanzania
6 Dec: JSFoundation booth at Wereldmarkt / Quiz (Oud Heverlee) (B)
6 Dec: cleaning/pruning Endamarariek
11 Dec: Eliza: closing school & results
16 Dec: nursery prepared and planted 2000 seeds
17 Dec: Afya Action workshp in Belgium video online
20 Dec – 5 Jan: office closed
30 Dec: end of the year video online