2022

January: rain is finally there, Moringa forest doing well, bug control Moringa nursery (TZ)
January: calls with possible partners and internships
January: recording new Moringa song in New York: a cooperation between SugaBoom (David S and Othello G) (US) and JSF/KSDI (TZ/B)
January: working on website for students with Spectrum Gent (B), within CCLink framework, collecting videos on healthy nutrition
19 January: working on label packaging, investigating improved oil machine
20 January: starting to work on new office at N1 in Karatu (TZ)
28 January: developing hibiscus-kombucha - together with Kangpucha (Jolene, Alice) (B)
31 January: Women's Group of Endamarariek meet at ARC (TZ)

February: fields doing well, lots of products made (TZ)
February: calls with possible partners and internships
2 February: working on new soap recipe with Moringa juice (TZ)
9 February: video meeting Paskalina M & Festo N: discussion business loan -> on 21 March money is transferred
10 February: teachers training (13 primary + 5 secondary schools), Miss Moringa assists (TZ)
10 February: pictures Miss Moringa with our products (TZ)
11 + 17 February: Women's Group Endamarariek at ARC in action (TZ)
11 February: meeting with volunteers Anna G & Miet G to prepare for next trip (B)
12 February: picture of Clement Kingo with his family next to Moringa (TZ)
15-17 February: start modifications of processing place in ARC (TZ)
15 February: video work together with Marc Willems (B) + 24 February: making some extra videos
16 February: Thomas Moore students in Tanzania - startup meeting with team (TZ)
22 February: Thomas Moore students visiting Endallah (TZ)
23 February: large soap production (TZ)
28 February: Women's Group training Endamarariek: basic Moringa + how to run a group + soap making (TZ)

6 March: Women's Group training Bassodawich: problem solving + how to run a group + soap making (TZ)
8 March: meeting team Kangpucha (kombucha) in Brussels (B)
10 March: visit Getamock: primary school (TZ)
10 March: Thomas Moore students visiting Getamock (TZ)
12 March: more soap making - development (TZ)
16 March: Thomas Moore students visiting Bassodawich (TZ)
17 March: presentation Karen @ Thomas More International Days Nursing and Midwife (B)
21 March: Women's Group Training in Endamarariek: cake (TZ)
26 March: first meeting 2 Women's Groups Getamock (TZ)
26 March: Endamarariek Women's Group 1st soap is cured and ready to sell. This week they sold it among themselves (TZ)
29 March & 4 April: Getamock Women's Groups starting to plant (TZ)
30 March: call Samson Hilonga - Institute of Traditional Medicine of the Muhimbili University of Health and Allied Sciences in Tanzania

5 April: field in Bassodawich growing well, hibiscus flowering (TZ)
7 & 8 April: ginger & lemon grass drying (TZ)
8 April: Thomas Moore students visiting ChemChem (TZ)
10 April: meeting Peter S & Shelly how they can help (US)
12 April: call Kim Revel (reporter The Bulletin)
11 April: Magreth delivers baby girl (Maternity Leave 9 April)
14 April: SugaBoom finishing Moringa song in NY (US)
15 April: meeting Karen & Othello G (SugaBoom) to set marketing plan Moringa song (US)
28 April: article about Kangpucha (kombucha) is published

Karen -> TZ: 22 April - 7 May

- Bassodawich village office meeting about the extension of the field
- soap making Endallah Women's Group
- meeting Mahhahaa Women's Group
- going to Getamock, visiting the fields of 2 Women's Groups
- training for village chairmen, village officers, and agricultural ward officers at ARC
- start-up-meeting Qurus Ward at Karatu District, reporter (Walter John Mmbaga) is present - project was mentioned on Lumen radio (reporter: Walter John Mmbaga)
- Thomas More students going to mother and child moment in Endallah
- collect seeds from Bassodawich farmers
- collect hibiscus from woman in Bassodawich
- visiting schools (6 prim + 4 sec)
    - Bassodawich Primary & Secondary
    - Endamarariek Primary & Florian Secondary
    - Khusumay Primary & Secondary
    - Massabeda Primary
    - Endallah Secondary
    - Shanghit Primary
    - Gidbaso Primary
- checking both fields, meeting with Zakaria
- planting broadleaf thyme
- ARC processing: ginger essential oil, feet scrub, packing products to take to Belgium, inspecting water for SIDO
- checking out sun flower oil press in Endamarariek
- meeting dr Magohe, Joyce, Eliza, checking Clement's new church, kitenge shopping with Upendo, Evarest (Hhando Coffee Lodge)
- meetings in Arusha: World Vegetable Center, Terrawatu, Echo, oil press (Frank Mollel), Ilijah (graphic designer), buying stationary & office equipment
- checking new office
- meeting Samson Hilonga (Institute of Traditional Medicine)
- meeting Vincent Van Baelen (Misingi, TMM)
- meeting team, team lunch, meeting first time new baby Margreth
- meeting Mary Anton, singer Moringa song

17 May: call team Thomas More, brainstorming Moringa and health (B)
18 May: visit of Edward Sinya, ex ward counselor Oldeani, at the office in Karatu, selling Moringa and Chia (TZ)
20 May: visit of Shebati Ramadhani Ally, lab technician at World Vegetable Center, to learn about distill (TZ)
25 May: meeting Peer Baierlein (Hamburg, Germany)
26 May: Wereldmarkt Everberg (Kortenberg) (B)
30 May: Magreth experimenting making Moringa peanut butter (TZ)

1 June: call Smrita Choubey: vedic farm in US, interested in Moringa + 18 June: meeting in New York (US)
1 June: Network Evening Province Vlaams Brabant (B)
2 June: buyers of Moringa at office in Karatu (TZ)
3 June: call Yvette Ramos aromatherapy (B)
3 June: Qurus teacher's training: 27 people: teachers, agricultural officers, veterinary officer, facilitator Jonas (TZ)
6 June: installation water in the building in ARC (TZ)
9 June: meeting with Anna Geernaert, volunteer, in Leuven (B)
13 June: start chat for creating video for Moringa song
14 June: meeting reporter Kim Revel (B) to talk about article - The Bulletin (B)
20 June: meeting about Wereldmarkt Oud-Heverlee (B)
26 June: meeting Joelle (Fondation Mbeka Makosso Joseph) & Helene (Les Racines De Ndaya) (B)

27 June: call Anna Geernaert, volunteer
28 June - 29 July: Emile Davio (Louvain La Neuve) internship in Tanzania (TZ)
28 June: checking the Moringa seedlings at Ngorongoro nursery (TZ)
29 June: call Ingrid Fung about making a business plan (via Frank C)
30 June: teacher of secondary school Endallah sending pictures

July: Emile Davio at the field, making essential oils, filling pills, making Moringa soap (TZ)
July: community of Kortenberg ad Oud-Heverlee are sponsoring us
2 July: teacher of secondary school Bassodawich (Jonas) sending pictures selling our products
9 July: Margreth back from maternity leave (11 April: baby born, maternity leave started 9 April)
10 July: visit of Ivo Deblier and family (TZ)
14 July: teacher of Gidbaso primary school sending pictures of the students drinking Moringa tea
18 July: Magreth making Moringa peanut butter (TZ)
19 July: visit farm Smrita Choubey in New Jersey (US)
19 July: cake training - Womens' Group Khusumay, Emile Davio is attending (TZ)
19 July: new office equipment in orange (TZ)
20 July: meeting with Taimur Hadi, possibly working together (USA)
25 July: start of Moringa nursery at ARC (TZ)
25 July: packing and prepping for Nane Nane, new labels are ready (TZ)
30 July: fitting dress for Moringa song (TZ)
31 July: Frank Mollel making solar dryer at Nane Nane (TZ)

1-8 August: Nane Nane in Arusha: Women's Groups and team attending (TZ)
7 August: BBQ meeting Johan Christiaens, volunteer (B)
8 August: Jonas Lendi (school teacher) sends a video where he's explaining about Moringa (TZ)
11 August: fitting extra outfit for Moringa song for singer and 2 dancers (TZ)
12 August: lunch Anna G & Miet G, volunteers, travelling with me in November (B)
16 August: working with other plants, such as broadleaf thyme (TZ)
17 August: nursery update
17 August: oil press ordered in China, shipped on 31 Aug
21 August: call Yvette Ramos, aromatherapy
24 +31 August: harvesting, lots of seeds (TZ)
29 August: video call - Provincie Vlaams Brabant - new project proposal
29 August: Orianne D & Laura V, 2 volunteers, meet by coincidence in Belgium (B)

September: new person taking care of the Bassodawich demo field, start Moringa nursery, SIDO upgrades in demo processing place, planting other crops, preparing school kit, starting Love of Nature Instagram
3 September: jewelry for outfit for Moringa song, transported with Katrijn D & Steven VA (B), picked up by Clement in TZ
4 September: call Yvette Ramos, aromatherapy
6 September: update on field (TZ)
7 September : call Anna Geernaert, volunteer
11 September: diner Tomas S & Indra, lived previously in Tanzania (B)
12 September: first online team meeting with Anna G: Magreth, Anna, Clement, Karen
13 September: study about food processing - Hilde Van Hoecke (B)
14 September: first day Anna Geernaert at office in Leuven (B)
15 September: lunch meeting Wim Demessemaekers (B)
21 September: mascot ready for school kit by Anna G (B) -> 4 October in TZ
22 September: video shoot tiktok videos song by Osta Dad Photography (TZ)
25 September: meeting with Othello G of SugaBoom about the song (US)
26 September: meeting with Yvette Ramos, aromatherapy (US)
26 September: WDC meeting Endamarariek Ward (TZ)
28 September: Anna Geernaert in office (B)
29 September: dr Magohe, dr Heriel and colleague visiting Belgium. On 22-30 September meeting with Tim Sparrow (Osteopath) in Leuven (B)
29 September: cake training Women's Group Mahahhaa (TZ)

October: private water tap for demo field in Bassodawich, starting to register Love of Nature with Brela, meetings Moringa Cup, other crops planted in Bassodawich (TZ)
October: oil press arrived in Dar Es Salaam (30 Sept) + 10 Oct: Frank Mollel to Dar to pick up oil press and test it in Arusha (TZ)
3 October: meeting Jack Daniels about marketing Moringa song (B)
3 October: call Katrien Verbeke - LetUs (social entrepreneur) (B)
9 October: cake training Women's Group Bassodawich (TZ)
11 October: meeting Dirk Raes (emeritus, FAO) (B)
11 October: Othello G of SugaBoom in studio to make instrumental of the Moringa song (US)
12 October: Anna Geernaert in office (B)
16 -> 24 October: Karen traveling to SOCAP (Social Entrepreneurship) in San Francisco (US)
17 October: opening Moringa Cup competition in TZ in Endallah, John Mahu attends (TZ)

2 November: call team One Tree, possible donors
7 November: Endamarariek Women's Group making their own cake (TZ)
7 November: Clement doing school evaluations with Anna (ward education officer) & Mshana (ward agricultural officer) (TZ)

Karen -> TZ: 8-22 November (together with Anna G and Miet G - only 1 week -)

- inspection of demo fields, meeting new care taker of Bassodawich demo field
- practical work in the processing place: making coconut oil, liquid soap, making peanut butter, drying pili pili, inventory, etc
- Moringa Cup competition is ongoing
- 12 november: Moringa Festival, with lots of activities, in Bassodawich
- Miss Moringa pre-selections in Karatu, as well as Endamarariek
- visit winners school competition: Gidbasu and Manusay, meeting 2 girls who won the student competition
- picking up oil press in Arusha, meeting with Frank Mollel
- bringing school kit to first secondary school - Bassodawich
- village council meeting in Endallah, addressing Moringa in their village
- visit of schools in Qurus Ward, together with Mussa Hussein (ward educational officer)
- cake baking and decorating training Women's Group Endamarariek
- making video for new Moringa song at 2 locations (Mto wa Mbu, and in the studio in Karatu) by Osta Dad Photography
- meeting Bishop Anthony of the Roman Catholic Church, dr Simpa, Miss Karatu, Elitumaini Rweyemamu, dr Heriel, Nimrod Henry (weight lifting winner), dr Magohe, Joyce James, Evarest Sulle
- team diner at Green Park, meeting new born, son of Clement Kingo: Chris Sander

15 November: winning school sending pic (TZ)
19 November: Wereldmarkt Oud-Heverlee: Xtof attends (B)
28 November: new Miss Moringa making video -> selling Moringa in her store (7 December)

December: registering for new non profit organisation by Clement Kingo, Qurus map on google earth, office getting more and more professional, very dry months for the Moringa trees (TZ)
2 December: call Yvette Ramos (aromatherapy)
6 December: pictures from soap made, using school kit, by Bassodawich Secondary School (TZ)
6 December: signing legal documents (B)
19 December: meeting Marc Willems about a new newsletter (B)
21 December: Zakaria finished his roof on his house with the help of JSFoundation (TZ)
21 December: call Silke Stricker (center for disabled young adults in Bassodawich) - contact via Evarest Sulle
21 December: call Yvette Ramos (aromatherapy)
30-31 December: Karen goes with family to TZ and visit the project, and meet with the team and John Mahu (TZ)